



Get news *Up Front* Friday, April 17

Tune into AFN 106FM at 8:05 a.m. or channel 142 on your AFN decoder.

This month's topic: Month of the Military Child events with Dave Murr, acting deputy to the garrison commander and his special guests Tammy Wilbur-Hoistad, Family Advocacy Program, and Arlana Young from Child, Youth and School Services. **Got a question?** Call the studio line at 634-7585.

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Know who to call in case of an emergency

- ON POST AGENCIES:
- Toll free MPs (free from all phones) 800-064-077
 - Off post MPs 0444-71-7626 or 0444-71-7233 (SAFE)
 - MP Desk Interpreter 0444-50-1800
 - Chaplain 24/7 634-KARE (5273) or 0444-71-5273
 - Emergency calls 0444-71-7114
 - San Bortolo hospital interpreters: 0444-75-3300 or 0444-92-8166

- OFF POST AGENCIES:
- Fire Department – 115
 - Ambulance – 118
 - Carabinieri – 112
 - Polizia – 113

- Army Community Service 634-7500
- Chaplain Hotline 634-KARE (5273)
- Military OneSource 00-800-3429-6477
- Military Police Hotline 634-SAFE (7233)
- Sexual Assault Hotline 634-JUST (5878)

CLIP & SAVE

Realism

Thirty-one teams of four Soldiers, from every company-sized unit in the 173rd Airborne Brigade Combat Team, participated in the Sky Soldier competition in Camp Robertson training area near Schweinfurt, Germany April 8.



The four-Soldier team from Headquarters and Headquarters Company, 173rd Special Troops Battalion, 173rd Airborne Brigade Combat Team, tend to a mock casualty during the Sky Soldier competition.

Sky competition duplicates stress under fire, tests Soldier mettle

Story and photo by
MARK HEETER
USAG Schweinfurt PAO

SCHWEINFURT, Germany — Following the sound of the pain-filled moaning coming from 100 yards behind the wood line, the four-man team burst through a patch of brush and arrived at its casualty. A Soldier on her back, blood-soaked pants, pleaded for their help.

The four Soldiers, from Headquarters and Headquarters Company, 173rd Special Troops Battalion, 173rd Airborne Brigade Combat Team, flung themselves into action and put their training to the test.

"I know this is a competition, but it's a way for us to give them a class so they can hone those skills now, so when they get downrange, they don't lose Sky Soldiers," said Sgt. Damori

Morton, the combat-tested medic from Company C, Brigade Support Battalion (Airborne), who evaluated the team.

"It's one way to give them an opportunity to see what it's going to be like to heal a battle buddy," Morton said.

Thirty-one four-man teams, from every company-sized unit in the 173rd ABCT, from

See CO. A 1-503 Page 3

It's ... an opportunity to see what it's going to be like to heal a battle buddy.

Sgt. Damori Morton
Competition evaluator

April 24 deadline to submit packets IMCOM-E Soldier/NCO of Year competition set at Grafenwoehr May 10-13

HEIDELBERG, Germany — While the Army's observance of the Year of the Noncommissioned Officer continues, leaders at Army garrisons throughout Europe will turn their attention to NCOs and Soldiers for another reason as the Installation Management Command-Europe Region Soldier and Noncommissioned Officer of the Year competition takes place May 10-13 at Grafenwoehr, Germany.

According to Installation Management

Command-Europe Command Sgt Maj. Tracey Anbiya, garrisons have until April 24 to submit packets to the review board for the 2009 Soldier and NCO of the Year competition.

"NCOs and Soldiers always bring their A-games to competitions like this. But with the focus on NCOs this year, we think we'll see competitors raise the bar," said Anbiya.

The IMCOM-Europe awards ceremony is scheduled for May 28 in Heidelberg.

- Phase 1- unit selection of NCO & Soldier to participate
- Phase 2 - field competition
- Phase 3 - selection board

AAFES offering Web solution for unavailable items

by **ADRIANE FOSS**
Outlook Editor

If you can't find what you're looking for at the post exchange, AAFES' Exchange Online Mall may be the answer.


"We call it an endless aisle," said Michelle Mackey, general manager of the Italy/Garmisch Consolidated Exchange.

"There are thousands of things we can't offer in the traditional brick-and-mortar store," she said, "but rather than go

See SHOP Page 3

Best of the Best

The Noncommissioned Officer
PATTERNS OF SUCCESS



Staff Sgt. Randall Jackson

Unit: AFN Vicenza
Current position: NCOIC
Age: 35
Hometown: Jacksonville, Fla.
Years in service: 15
What would surprise people about you: I've been to 45 countries.
Biggest mentor and why: A Navy chief petty officer (MCC Mikel Bookwalter). He made the most impact on me by always doing what's right for his subordinates and accomplishing the mission for his supervisors.
Life's ambition: To travel the world.
Motto: Live like there's no tomorrow.
Your definition of an NCO: An NCO is a cross between a dad and a big brother; a dad who wants the best for his child but who also enforces the rules, and a big brother by pushing and challenging you to try harder, but is also someone who understands you.
List of major assignments and deployments: Marine Corps (military police) Camp Pendleton, Calif.; Florida Army National Guard (broadcast journalist) deployed to Germany, Kosovo, Afghanistan; deployed to Bulgaria and Romania and created AFN Romania and station commander for AFN Vicenza.
Advice for junior enlisted Soldiers: Always look for ways to take the initiative and to do what's right even when no one's looking.
Reason for your success: I believe in the values of the Army and my mission.
Your defining moment as an NCO: I learned that anyone can lead good Soldiers, but it takes skill to lead those who some call "challenging" Soldiers.

Visit the Army's Web site dedicated to the Year of the NCO at www.army.mil/YearoftheNCO.
Source: SETAF PAO OUTLOOKgraphic



Italian employees Roberto Ambrosini and Valerio Turato, both of Vicenza, accepted first-place maintenance and supply awards from General Carter F. Ham, commander of United States Army Europe, and Diane Devens, IMCOM-E director, in a ceremony in Heidelberg, Germany, April 8.

Ambrosini and Turato are members of the Installation Materiel Maintenance Activity team and accepted the awards on behalf of their American and Italian colleagues who work in the directorate of logistics. Their departments competed with similar activities in Belgium, the Netherlands and Germany to determine which U.S. Army garrison had the best maintenance and supply operations. (Courtesy photos)



Italian employee Renato Traffano, of Vicenza, accepted a first-place maintenance and supply award from Diane Devens, IMCOM-E director, in a ceremony in Heidelberg, Germany, April 8. Traffano is a member of the Supply Support Activity team. His department competed with similar activities in Belgium, the Netherlands and Germany to determine which U.S. Army garrison had the best maintenance and supply operations.

RIDERS BEWARE: Unofficial taxi fees can whomp your wallet

USAG Vicenza Public Affairs Office

The area's legitimate taxi services should display rooftop signs, a meter and an operator's license inside their vehicles. Unofficial taxis do not usually have

meters.

Using non-official taxis may result in passengers paying significantly higher fees. Make sure your taxi has:

- a "TAXI" sign on the roof

- a meter inside the car

■ a taxi driver operator's license hanging in the vehicle (or displayed by the operator if it is not required to be hung in view of the passenger).



WHAT YOU NEED TO KNOW: (At far left) An official taxi displays the TAXI sign atop the vehicle. (Left) An official taxi should display a meter, which calculates a set fee. (Above) The taxi driver operator's license.

Speak Out

How do you stay in touch with friends and family?

-By Diana Bahr

USAG Vicenza Public Affairs



1st Lt. Stacy Sohn
14th Transportation Battalion

"I use the free I-Chat on my Mac. It has a video feature and I can either text or instant message."



Eddie Ortiz
Army post office

"I use Vonage and have a MySpace page I update for friends and family."



Spc. John Bobb
HSC, SETAF

"I use Skype and Yahoo instant messenger."



Emelie Steck
Family member

"I use Hotmail."



Lonnie Heuer
Army post office

"I use Skype, e-mail and have a Face Book page I update."

Volunteer spotlight

Lourdes Fernandez has been in the Vicenza military community almost nine months. In that short amount of time she's established herself as a regular contributor to the Outlook newspaper, as a master trainer for Army Family Team Building and a member of the Student Advisory Council at Vicenza Elementary School. She also helped with the Army Family Action Plan conference and, when not volunteering 10-20 hours a month, she works part-time at the Education Center as an instructor, academic tutor and counselor aide.

"My mother emphasized the importance of helping others," she said. "We all volunteered as children. I began volunteering for the Army 11 years ago, while I

Rachel Perez is another star in the Vicenza military community who volunteers at numerous places while working a part-time job.

"I probably volunteer at least 200 hours a month," she said. "Volunteering gives me something to do. It can help make life (overseas) a little better for individuals who have a hard time transitioning."

Perez volunteers for such programs as Army Family Team Building, Army Family Action Plan, she's a Family Readiness Group Leader for Chosen Company, 2nd Battalion, 503rd Infantry Regiment, Girl Scouts, Vicenza Elementary School and the Parent, Teachers and Students Association. "Volunteering has



Lourdes Fernandez and son enjoy the FAP Family Breakfast Bash April 2.

looked for work at our first duty station. Since then I have volunteered mainly because I enjoy the work and the people, but also because it keeps my resume relevant and updated.

"Volunteering allows me to try something new and receive on-the-job training, it makes me feel that I am part of the community and it gives me the opportunity to work with talented, caring people," she said.

helped me make new friends, spend time with my girls, obtain on-the-job experience and be a contributing citizen in the community where I live," she said.



Rachel Perez is a familiar face to many people in the Vicenza military community as she not only works part time at the Child Development Center, but she volunteers close to 200 hours a month.

Co. A, 1-503rd takes top honors in Sky competition

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Vicenza, Italy, to Bamberg to Schweinfurt, Germany, participated in the Sky Soldier competition at Camp Robertson training area near here April 8.

The winning team was Company A, 1st Battalion, 503rd Infantry Regiment (Airborne), comprised of Sgt. Matthew Young, Sgt. Joshua Eaton, Spc. Daniel Cruz and Staff Sgt. Gary Newton. They bested their fellow Sky Soldiers in a number of tasks spread throughout the training area and separated by long, timed road marches.

"The whole point of the exercise is the guys come up, they're tired, they're exhausted and they need to be able to shoot under stress," said Staff Sgt. Bryan Morrow, who evaluated arguably the most difficult of the events: the stress shoot.

After carrying a 185-lb litter about 200 yards up a steep hill and lugging water-filled jugs, the teams had to fire from unorthodox positions.

"You never can really duplicate a combat situation. You can only get as close as you can. And that's what we try to do. We try to duplicate the stress under fire," said Morrow, a sniper with the Company C, 1st Squadron, 91st Infantry Regiment (Airborne), who has deployed to Kosovo, Iraq and Afghanistan.

"You've got to say, 'Hey, calm down. Remember your training. And that's the biggest hurdle for guys is for them to remember their training in combat,'" Morrow said.

The final event – a mystery to the participants until they returned to the billeting area of Camp Robertson – was a test to evaluate Soldiers' ability to quickly and correctly rig their personal equipment before a question about brigade history.

"The Sky Soldier competition is designed to evaluate and reinforce the most important tasks we need to focus on to get ready to deploy," said Col.

James Johnson III, 173rd ABCT commander. "It tests Soldiers' ability to communicate on the battlefield, to treat casualties on the battlefield, engage the enemy on the battlefield and it's a test of his physical and mental endurance—all the while building a tight team."

"Each team represents every company, every troop, every battery within the organization of excellence, working as a team," said brigade Command Sgt. Maj. Nicholas Rolling. "At the same time, we work as a group, celebrating the brotherhood of who we are."

Creating a cohesive team through such events could be considered a critical task for the brigade, whose units are separated by hundreds of miles.

"It brings the unit closer together. Normally our units are spread out between Italy and Bamberg and Schweinfurt, so a lot of times, you don't see these guys until you go to the field," Morrow said.

Shop AAFES online for missing merchandise

continued from Page 1

somewhere else, shoppers should visit the online site."

Mackey said the increasing number of brand name retailers that have joined up with AAFES and the military discounts they offer make the Web site an ideal choice for overseas shoppers.

"A lot of people shop online and aren't aware that some of those stores are connected to the Exchange Mall – *hottopic.com* for example. When they shop (without going through the AAFES site), they're not getting their military discount," she said. "And discounts vary from free shipping and five percent off to free gifts.

Current discounts include:

- Books A Million – free club

membership

- FTD – 15 percent off
- Napster – 10 percent off albums; and
- Shoebuy.com – 7 percent off

The site also offers user-friendly online auctions.

"Bids start at \$1, and shipments can be made to APO addresses, unlike many eBay-type sellers and sites," said Mackey of Exchange Online Auction. "It's been very successful. I have coworkers who have purchased jewelry for a dollar."

For those who prefer the traditional brick-and-mortar store, Mackey said an AAFES shuttle program transports merchandise unavailable at one store to other stores throughout

the region.

"If you can't find what you're looking for in the Vicenza PX, we can have it shipped from the Aviano, Livorno or Garmisch stores," she said.

Despite AAFES' best efforts, items will be out of stock occasionally or simply unavailable. That's where the online mall proves its worth, said Mackey.

"I know there are a lot of limitations – size-wise for example – and we do our best to serve our customers," she said. "But the virtual mall opportunities are endless and the rewards are worth it."

Authorized customers can log onto to their Exchange Online Store at exchangeonlinemall.com.

The Outlook

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At your service Outlook newspaper



It's not often the USAG Vicenza Public Affairs toots its own horn, but its pleased to announce the arrival of **Adriane Foss** (left), the new Outlook editor.

Adriane comes to Vicenza from Grafenwoehr, Germany where she was the editor of the award-winning *Bavarian News*.

Items to be considered for

publication in the Outlook should be sent to (if you are using a government computer) DL_USAG_Vicenza_Outlook_Editor. If you are e-mailing from a non-government computer send items to Editor@eur.army.mil. Deadline for items is Monday at noon, or Friday at noon if Monday is a U.S. holiday.

Hours of the office are Monday-Friday, 8 a.m. - 5 p.m., 634-7000 is the number.

Community events

U.S. and Italian youth share in the joy of FMWR's 2009...

Egg-stravaganza

Hundreds of U.S. and local Italian youth and parents attended USAG Vicenza's Family and Morale, Welfare and Recreation's annual Easter festivities on Hoekstra Field April 11. The crowds enjoyed crafts, bouncy castles, face-painting, a candy hunt and food and drinks.



Courtesy photo

Photos by Adriane Foss



Children were divided into age-appropriate lanes before the start of the candy hunt. Once the hunt kicked off, children dashed into their lanes to fill Easter baskets.



(Above) After a week-long spring break, several students caught up with classmates and friends. (Below) Toddlers enjoyed a smaller bouncy saloon.



The bouncy castle was one of the day's more popular events. School-age children constantly rotated through the activity.



(Left) Cotton candy, popcorn, and hotdogs were a few of the snacks sold by local Better Opportunities for Single Soldiers members. (Above) Lucia Zaccaria of neighboring Longare, in full bunny attire, entertained youth at the face painting station.



Transportation troops compete for NCO of Year bragging rights

By SGT. RYAN HALL
Special to the Outlook

Being a good leader requires a great deal of strength, determination and patience.

These traits were evident when two very determined Soldiers set out to prove they were worthy of being called the 598th Transportation Group Noncommissioned Officer of the Year for 2009.

Sgt. Scott Yeager and Staff Sgt. James Phillips traveled from the Netherlands to Camp Darby to prove they were physically and mentally fit, as well as able to show that they could zero their weapons and put bullets on their targets.

“This competition has taught me responsibility,” said Yeager. “It has taught me to grow up and also to be a better person. It also taught me that there is something worth aspiring to.”

To mentor and train Soldiers and go through the things that I have over the years, that is what is most important to me...

Staff Sgt. James Phillips
598th Transportation Group

Phillips added that touching the lives of so many troops makes his career worthwhile.

“To be able to mentor and train Soldiers

and to go through the things that I have over the years, that is what is most important to me and stands out the most,” he said.



Sgt. Scott Yeager and Staff Sgt. James Phillips shoot azimuths from the starting point at the Camp Darby training site. (Photo by Joyce Costello, USAG Livorno Public Affairs)

and to go through the things that I have over the years, that is what is most important to me and stands out the most,” he said.

The 598th Commander, Col. Stephen Farnen, said he’s proud of the Surface, Deployment and Distribution Command NCOs.

“They have embraced the Year of the NCO in a very profound way and reinforced this message in putting together this tough, spirited, yet healthy competition which proved to be a real professional test for our NCOs,” said Farnen. “Command Sgt. Maj. James Riddick and his sergeants major and senior NCOs put together a competition which amplified the main pillars of the Year of the

NCO: education, fitness, leadership and pride in service.”

After a great deal of preparation, experience and mental focus, Yeager was named the 598th Transportation Group NCO of the Year.

“What an honor it is for Sgt. Yeager to win our group’s NCO of the Year competition, in this, the year of the NCO,” said Farnen. “Congrats to all our competitors and I am confident Sgt. Yeager will be ready to rise to the occasion and make us proud at the upcoming big SDDC competition in Hawaii.”

Senior NCOs cooking up good time for junior Soldiers

Story and photo by
CHIARA MATTIROLO
USAG Livorno Public Affairs

Several projects throughout the year help support Camp Darby’s young Soldiers.

On April 6 senior NCOs volunteered their time and cooking skills during a

fundraising barbecue to help offset the cost of junior troops who want to attend the Army’s annual ball in June.

“The goal of this fundraising initiative is to support young Soldiers and give them a chance to experience the Army tradition of the Army Birthday Ball,”

said Staff Sgt. Brett Patterson, president of the USAG Livorno Better Opportunities for Single Soldiers.

Command Sgt. Maj. Felix Rodriguez added that “if the Army Birthday Ball committee raises enough funds, single service members E1 - E3 may attend at no cost.”

Staff Sgt. Kevin Yarbrough, 511th Military Police Platoon and “grill sergeant” for the barbecue, said he enjoyed making a difference.

“Bringing the community together while doing something for other people makes me feel good and helps give a better understanding of what the role of the police is as far as community support,” said Yarbrough. “I believe working on a community project supporting young Soldiers will also increase awareness of the multiple roles a military police has besides writing tickets.”

1st Sgt. Raymond Laverenz, USAG Livorno Headquarters and Headquarters Company acted as a cashier while his daughter Erin handed out drinks and BOSS members served customers.

“This is the best place to eat on Mondays at Camp Darby,” said Eldon Michael.

Rodriguez said the barbecues will be held every Monday throughout the summer from 11:30 a.m. to 1 p.m. in Pvt. Masato “Curly” Nakae Square.



Staff Sgt. Kevin Yarbrough, 511th Military Police Platoon and “grill sergeant” as stated on his apron, flips hamburgers during a fundraising event for young Soldiers April 6.

Darby Dates

Summer hire program

Family members ages 14-22 are eligible for the Summer Hire program.

Visit <http://cpolrph.belvoir.army.mil/eur/select-employment> and then “Summer Hire Program 2009” for details.

Right arm / wing man night set April 17

Need to say thanks? Bring your right arm or wing man to the Club April 17.

Call 633-7855 for details.

ITR trips

An April 18 trip visit to Volterra, a medieval city situated on a high plateau, offers scenic views over the surrounding hills.

In many places, the ancient Etruscan walls still survive. The city is famous for its craftsmen who have been carving elaborate statues from locally mined alabaster for 2,500 years.

Call 633-7589 for information.

Fitness center activities

Looking to get into shape for free? Check out Eileen’s list of classes. There’s something scheduled almost every day of the week.

Call 633-7440 for details.

Darby Religious activities

For details call the chapel at: 633-7267 (050-54-7267)

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship

Protestant **Sunday school** starts at 10 a.m. and Catholic CCD is at 11:15 a.m.

Vacation Bible School is coming in June. This year’s theme is ancient Rome. The chapel is collecting cardboard, robes, children’s plastic swimming pools and cardboard rolls from paper towels and toilet paper.

Catholic confirmation is being planned in Vicenza for the first week of June. Contact the Catholic education coordinator for details.

Choir practice is at 9:30 a.m. on Sunday before Mass.

The congregation is in need of a cantor. Talk to Chaplain Porter or Father Roberto to serve.

World Boxing Championship slated July 10 in Milan

San Marco Festival

April 17-19, in Cornedo Vicentino, in Muzzolon, about 21 miles northwest of Vicenza.

Food booths, free tasting of local wines, grappa, typical market products, carnival rides.

■ April 18, 9 p.m., ballroom dancing.

■ April 19, 2:30 p.m. video games tournament, San Marco Pizzeria, in piazza San Marco, followed by live music and dances.

Celestial show

The sky, the moon and the stars shown with a Magic Lantern, ongoing until Dec. 31 in Padova, Precinema Museum, Prato della Valle, 1/a, about 24 miles southeast of Vicenza.

Open Wednesday-Monday, 10 a.m.-4 p.m.

Admission fee is 3 euro but entrance is free the third Sunday of the month.

Vacanze Weekend

Tourism and Leisure Fair: April 16-19, 10 a.m. - 8 p.m., in Verona, Via Viale del Lavoro, 8, about 38 miles west of Vicenza. Information on resorts, wellness centers, natural parks, sea-mountain-lake sites and the latest on campers, nautical and sports equipment.

Traditional dances, music, and food sampling of local products. Admission fee: 5 euro. Reduced 3 euro (children 13 - 17); free entrance for children younger than 12.

For a two-person free admission coupon, visit <http://www.vacanze-weekend.it/>. The instructions are in Italian. Call Anna Terracino at 634-7169 or e-mail anna.terracino@eur.army.mil for assistance.

Extra Virgin Olive Oil Day scheduled

The Extra Virgin Olive Oil Day: April 18 - 19, in Barbararo Vicentino, about 13 miles south of Vicenza.

■ April 18, 8:30 a.m. Olive pruning demonstration will be at the Bertoldo Antonella Farm

departing from Piazza Roma. 4:30 p.m. at the Canonici building, Piazza Roma, 8, transparent paintings "The magic of watercolors" exhibition, wood and stone sculptures exhibition. Free entrance and free sampling of local oil and products.

■ April 19, 9 a.m. - 7:30 p.m.: market-exhibition of the local oils and products, free tasting, entertainment, live music, food booths.

Jazz concert slated

Make it Funky -jazz concert with the Maceo Parker Band, April 18, 9:15 p.m. in Costabissara, MaxLive Auditorium, Via Meucci, 44, about 7 miles northwest of Vicenza. Tickets cost 30, 25 and 20 euro.

Concerts, exhibits, classes

Jewelry exhibit: Ongoing until April 26, in Vicenza, Casa Cogollo, Corso Palladio, 165. 10:30 a.m.-1 p.m.; 3-7 p.m. Closed Mondays.

The exhibition features the creations of Barbara Uderzo, a Vicentine artist and designer, who makes jewelry with alternative materials such as plastic, wood, paper and even chocolate and sugar, ice and snow.

The Oxford Project: Peter Feldstein's photo exhibition is open until June 20. Hours are Mon. - Sat. 10 a.m.-1 p.m. and 3-6 p.m., in Padova, Galleria, Piazza Antenone, 3, about 24 miles southeast of Vicenza.

Bob Dylan: April 17 in Rome.

Piano concert with the conservatory's students: April 18, 5 p.m., in Vicenza, Santa Chiara Chapel, Contrà Santa Chiara.

Caribbean Party: April 18, 9 p.m., in Caldogno, Church Recreational Center, Via Pagello, 6, about 7 miles northwest of Vicenza.

Ricci Pasticci in Concert: April 18, 9 p.m., in Vicenza, Equobar, Strada Marosticana, 350. Rock, blues and bossa nova music.

District Bersaglieri Band Concert: April, 18, 8:40 p.m., in Sandrigo, "Arena" movie theater, Via San Gaetano, 10.

During the intermission, performance of the Sandrigo Dance Center.

Reserve your free admission by calling 338-2967390. They will answer in Italian. Call Anna Terracino at 634-7169 or send an e-mail to anna.terracino@eur.army.mil for more assistance.

Tibetan bells and harmonic songs for an evening meditation: April 18, 9 p.m., in Costabissara, "G. Verdi" theater, Piazza V. Veneto, 29.

Dedicated to the Moon - Piano concert: April 18, 8:30 p.m., in Caldogno, Villa Caldongo, Via Zanella, 3, about 7 miles northwest of Vicenza.

Hablamos! in Vicenza, Italian-German center, Viale della Pace, 98. Intermediate Spanish conversation. For your free registration call 0444-512516.

David Byrne: April 20 in Verona.

Explore the sky, Astronomical Observatory of Arcugnano: April 21, 9 p.m., Via S. Giustina, 127 - about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

Nachtkafé: April 21, 8:30 p.m., in Vicenza, Italian-German center, Viale della Pace, 98. Intermediate German conversation.

For your free registration, call 0444-512516.

Renaissance Spanish music and songs: April 22, 6 p.m., in Vicenza, SS Filippo and Giacomo Church, Stradella San Giacomo.

Mamma mia (in English): April 22-May 3 in Trieste. May 6-10 in Florence; June 15-20 in Forli.

Jackson Browne: May 8 in Padova; May 11 in Bologna.

Dave Holland Quartet: May 12, in Vicenza, Auditorium Canneti.

Mingus Dynasty: May 15 in

Vicenza, City theater.

Yellowjackets: May 16 in Vicenza, Auditorium Canneti.

Simply Red: May 19 in Conegliano (TV).

Sports events

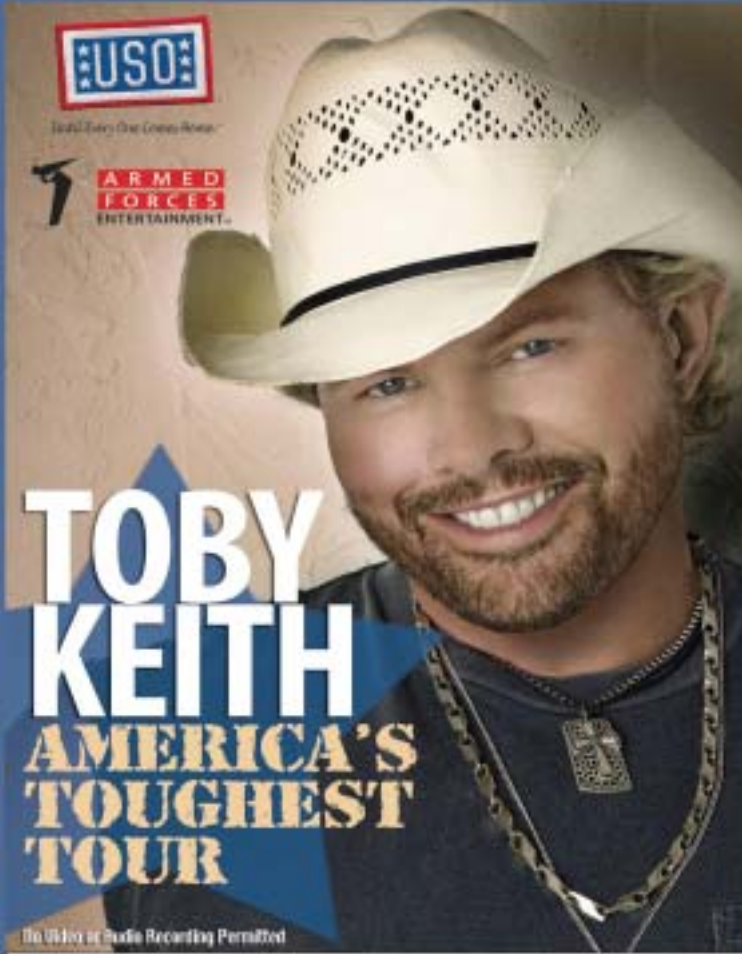
The Harlem Globetrotters Italian Tour 2009: April 30 in Bologna; May 2 in Verona and

May 4 in Rome.

Superbike World Championship: June 21 in Misano.

Road to World Boxing Championships 2009: July 10 in Milan, Italy vs USA.

For more information, visit your local ticket agent or www.ticketone.it/EN/Home.



TOBY KEITH
AMERICA'S TOUGHEST TOUR

Date: **April 30** Time: **8 p.m.** Place: **Post Theater Parking Lot**

USO Worldwide Strategic Partners

Free Toby Keith performance

Toby Keith, American country music singer-songwriter, will bring his official tour to Caserma Ederle April 30, 8 p.m. at the Ederle Theater parking lot. Call 634-5087 for details.

Now Showing

Ederle Theater

April 16	Bride Wars (PG)	6 p.m.
April 17	Paul Blart: Mall Cop (PG)	6 p.m.
	Taken (PG-13)	9 p.m.
April 18	Paul Blart: Mall Cop (PG)	3 p.m.
	Fast and Furious (PG-13)	6 p.m.
April 19	Taken (PG-13)	3 p.m.
	Fast and Furious (PG-13)	6 p.m.
April 22	He's Just Not That Into You (PG-13)	6 p.m.
April 23	He's Just Not That Into You (PG-13)	6 p.m.

Camp Darby Theater

April 17	Frost/Nixon (R)	6 p.m.
April 18	Race to Witch Mountain (PG)	6 p.m.
April 19	Inkheart (PG)	1 p.m.
April 23	Gran Torino (R)	6 p.m.

Admission: Age 12 and over \$4, under age 12, \$2.

The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Venice volksmarch

April 19: "Su e Zo per i Ponti" is a non-competitive walk and a way to spend a beautiful day in Venice. Choose one of two routes: the main route is about 6.5 miles and crosses 42 bridges; the shorter route is about four miles and crosses 32 bridges.

Start time is at 10 a.m. from Piazza San Marco.

ODR provides transportation to Venice and a trip leader.

Call 634-7453 for details.

Local culture of Vicenza

Take the #1 bus with an ODR trip assistant April 21, and receive personal tips about life in Vicenza.

This is not a guided tour but a fun and easy walk around the Centro.

Explore a giant cave

Visit a 10 million-year-old giant cave with a guided tour from ODR April 25.

After exploring the cave you will head to Trieste, the beautiful port city near the Slovenian border. You will have free time in the city to sight see, shop or have lunch.

Sign up at ODR by calling 634-7453.

MOMS Club events

For locations and additional information on the MOMS Club, parents may e-mail momsclubofvicenza@yahoo.com.

April 17, 7 p.m.: MOMS night out

April 20, 10 a.m.: Walk the track

April 21, 10 a.m.: Book club

April 22, 10:30-noon: Preschool playgroup

April 24, 9 a.m.: Verona Zoo field trip

Financial Peace University

The community is invited to a free 13-week course at the post chapel beginning April 21, 5:30-7:30 p.m.

To register for the course e-mail Chaplain Schneider at eugene.schneider@eur.army.mil or call the chapel at 634-7519.

Vicenza Community Club accepting enrichment applications

The VCC Community Enrichment Campaign provides the opportunity for various community agencies and groups to apply for grants to financially assist their organization.

Applications are available at the Thrift Shop and due back by May 6 to be considered.

Complete instructions and details about funding are included in the application.

NASCAR at the Arena

Watch your favorite driver on the big screen at the Arena.

NASCAR food and drink specials between 6-9 p.m. on race days.

Library story time

Bring your preschooler, age 3-5, to the post library's Story

Time Wednesdays, Thursdays and Fridays from 10-11 a.m. and Fridays from 12:30-1:30 p.m.

Military Youth Saves contest

Army Community Service, Financial Readiness Program has collaborated with the PTSA, Military Saves and other institutions on post for the first-ever Military Youth Saves contest.

There is a grand prize of a \$50 U.S. Savings Bond for the winner in each grade category.

Other prizes are available to runners-up.

For details on the contest, e-mail kent.thompson@eur.army.mil.

Deadline for submissions is April 27.

Job announcements

Science Applications International Corporation (SAIC) has an immediate full-time opening for a TRICARE medical service coordinator within the TRICARE service center at the U.S. Army Health Center Vicenza.

For a list of qualifications and details visit the Web site www.saic.com.

University of Phoenix is hiring adjunct faculty in Vicenza for the MBA programs. Qualified candidates must have an MBA (or related degree) and at least five years of professional experience in a related field.

For details or to submit a resume contact Diana Frayne at dfrayne11@email.phoenix.edu.

Child care home providers are sought. You can work part time or full time and receive free training.

Call 634-7615 for details.



The Debba bridge will be back in operation by the end of April or the first week in May. (Photo courtesy of Vicenza Press Office)

Resumes are being accepted for the position of USAG Vicenza Health Promotion Coordinator.

For details about the position and necessary qualifications call Betsy Walters, health promotion coordinator, at 634-8828 or e-mail betsy.walters@eur.army.mil. Deadline is May 1.

Used vehicle auction

GSA's European Fleet Management Center, Interagency Fleet Management System (IFMS), will hold a public auction of used U.S. government vehicles April 22-May 3. Bidding will be via live Internet auction.

Public inspection period is April 29, 9 a.m.-3 p.m. at Leghorn Army Depot, IFMS consolidated vehicle processing center.

Starting April 22, vehicle photos, descriptions and minimum bids can be found at: www.vebeg.de/web/en/auktionen/index.htm.

Prospective bidders must be registered with VEBEG to participate.

For details call Michela Bortolini at 633-8274, off post at 050-54-8274 or cell 335-100-3680.

How much insurance do you need

Find out April 21 at 9 a.m. with ACS's Financial Readiness program facilitated by a former insurance producer.

EFMP bowling

The Exceptional Family Member Program hosts family bowling at the Arena April 20, 3-4 p.m. Cost is \$3.50 per child and parents must be present.

Register by calling EFMP at 634-8582.

Multicultural spouses forum

A guest speaker from the legal office will discuss services available to spouses April 24, 9:30 a.m. in the ACS conference room.

Call 634-7500 for details.

TRAFFIC WATCH

Salsa night

Heat up the dance floor with your Latin moves April 22 in the Arena.

Salsa dancing, theme drinks and food specials make it an evening of fun from 7-11 p.m. Call 634-8257 for details.

Make-up magic

April 25 at 3 p.m. a makeup artist will show you how to take your make up from day to night time glamour.

Learn special tricks to enhance your appearance. Call 634-7094 to register.

Earth Day scavenger hunt, recycled art projects

Learn how to help save Mother Earth April 22 at 3:30 p.m. at the Vicenza Art Center. Learn about recycling and make a project from your recyclables.

The walking part will be held in all but extreme weather; the art project will happen regardless of weather. Call 634-7206 to register.

Youth bicycle safety check class

April 25 from 1-3:30 p.m., youth are encouraged to bring bicycles to Hoekstra Field for a free safety check.

Try out the bike training course set up as part of the CYS Services Month of the Military Child celebration.

For details call 634-7219.

Parent Advisory Group meets

Parents are invited to the Parent Advisory Group meeting April 28, noon -1 p.m. in the ACS large classroom.

Topics of discussion include summer programming, information on the new Child, Youth and School Services program "HIRED" and "EDGE" a CYS Services and FMWR partnership program.

CYS Services staff will be available to answer questions or discuss issues.

Call 634-8347 for details.

Religious activities

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for details on religious activities.

Chaplain Crisis Line:

To speak with a chaplain after hours call **634-KARE** (634-5273).

Saturday services

4 p.m.: Sacrament of Reconciliation, or by appointment.

5 p.m.: Roman Catholic mass

Sunday Services

9 a.m.: Roman Catholic Mass *Mass is held weekdays at noon.*

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship

6 p.m.: Contemporary Christian service

Monday

Noon: LDS Scripture Study

5:30 p.m.: High School Club in the Teen Center.

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or vicecb@yahoo.com.

Tuesday

9:15 a.m.: Protestant Women of the Chapel

Wednesday

Noon: Protestant Men of the Chapel Bible study (at DFAC)

3 p.m.: Praise Dance practice

3:30 p.m.: Middle School club meets in VHS cafeteria Sept-May.

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study

Thursday

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511

Jewish: Sandy Schoenberg at 634-6202 or sandy.schoenberg@eur.army.mil.

Latter Day Saints

(LDS): Scripture study is held each Monday, noon-1 p.m. at the Chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown.

For details, call Sean Peterson, 335-8219492.



Tech expo features latest in gear, gadgets

Sgt. 1st Class Timothy Eye (left) and Master Sgt. Evelin Montealegre, HSC SETAF, visit the Technology Expo held at the Arena April 8. Nearly 20 companies displayed the latest technology in computer hardware, software and training and learning services during the event. Almost 200 community members visited the annual exposition hosted by 509th Signal Battalion on Caserma Ederle. "We want to keep up with technology," said Montealegre after attending the event. "At the expo they [exhibitors] have the products that we need, because technology is everything," she added. (Photo by Laura Kreider, Outlook Staff)

All briefs must be received at editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.

Want to increase muscle, slow aging? Start strength training!

Story and photo by
DIANA BAHR

USAG Vicenza Public Affairs

Our new first lady is an inspiration to women in many ways – especially when it comes to imitating Michelle Obama's trim and toned biceps.

But before you head to the gym and start pumping iron, Lacy Wolff, former personal trainer and Wellness Center program manager, has some advice for fitness newcomers.

"The best way to begin strength training is with a professional," she said. "We recommend signing up for a class with a certified personal trainer or our Principles of Strength Training class."

Wolff said learning the correct form, principle of progression and how the body adapts to strength training is crucial for beginners who want to train effectively and avoid injury.

The Principles of Strength Training, offered to men and women of all ages, gives participants an understanding of

strength training and helps them choose the right individual program.

"Weightlifting is, and always has been, a key part of my workout regime," said Spc. William Krupa, Charlie Company, 2nd Battalion, 503rd Infantry Regiment.

Krupa has been strength training since he returned from his deployment to Afghanistan last year. "Aside from making

me look better," he said, "weight training allows me to do my job and excel at any other demands that Army life throws at me."

Fellow Soldier Spc. Dave Holt agrees.

"I lift to stay fit and strength training improves my overall well-being," said Holt. "It's a great stress reliever and the results give you more confidence and a feeling of accomplishment."

"The components of fitness are broken down into groups to include muscular strength and endurance, muscular flexibility, body composition and cardio respiratory fitness," explained Wolff.

"The benefits [of strength training] for Soldiers are endless," said Holt. "Every Soldier needs to be in good shape, and it's even in the Soldier's creed that a Soldier must be physically and mentally fit."

But it not only Soldiers who reap the benefits.

"Anyone can benefit from strength training," added Wolff. "The body adapts to strength training in youth, adults and in elderly populations. It literally slows down the aging process by increasing lean tissue and bone density, both things that decrease with age."

Principles of Strength Training classes are offered at the Army Wellness Center the second Thursday of each month. Classes are limited to 16 participants. Call 634-8186 or 0444-71-8186 for details.



Spc. Dave Holt, a Soldier with Chosen Company, 2nd Battalion, 503rd Infantry Regiment, pumps iron at the post fitness center to stay in shape. Call 634-8186 to sign up today for strength training classes.

Sports shorts

Lifeguards needed

The Sports, Fitness and Aquatics office is hiring lifeguards for the summer swim season.

Applicants must hold a current certification for American Red Cross and CPR for the professional or a nationally recognized equivalent.

To apply, visit www.cpol.army.mil or call 634-8347 for information.

Mega paintball fun this weekend

ODR offers an entire weekend of paintball on the Caserma in our ODR paintball arena.

Play April 25 -26, 10 a.m. – 5 p.m. Cost is \$60 and includes equipment, re-balls, and field fee. Sign up by April 22. Call 634-7453 for details.

Don't miss the CYS Hurricanes baseball game vs. San Martino

April 19 at 10:30 a.m. San Martino B vs. Hurricanes at San Martino

Sign up today for softball official's clinic

Learn how to keep score and time in the Softball Official's Clinic April 20-25 at 6 p.m. at the Multipurpose Indoor Range Room.

Call 634-7009 for mandatory registration. After completing this course you can be paid to officiate games or keep score.

Vicenza Middle/High School game schedule

The Vicenza Middle/High School weekend game schedule is as follows:

April 17: Soccer at artificial field vs Naples
Girls 3:30 p.m.
Boys 5:30 p.m.

April 18: Soccer at artificial field vs Sigonella
Girls 10 a.m.
Boys Noon

April 18: Softball at new softball field vs Aviano (doubleheader)
First pitch at 10 a.m.

April 18: Baseball at Vicenza Communal Stadium vs Aviano (doubleheader)

First pitch at 10 a.m.
Call 634-7656 or 0444-71-7656 for more information.

USAG Vicenza Sports Update

Soldiers' Volleyball league standings

Team	Win	Loss
Lucky	6	0
USAHC	5	4
D Co, 1-503	4	1
Delta Rec	2	3
Top Gun	1	4
BSB Riggers	1	3
Angels	0	4

Recent game results April 8

Top Gun: 0, 0 vs. Delta Rec: 25, 25

D Co. 1/503: 25, 25 vs. USAHC: 17, 19

USAG Vicenza Community Soccer team standings

Win	Tie	Loss
2	2	11

Recent game results March 28

Grantorto: 1 vs USAG: 0

April 4

US San Luca: 1 vs USAG: 0

Dodgeball league standings

Team	Win	Loss
Secret Squirrels	10	2
Doughnut Ninjas	5	4
Dentac	3	6
AFN Vicenza	2	8

Recent game results April 7

Dentac: 6 vs. Secret Squirrels: 5

Doughnut Ninjas: 3 vs. Secret Squirrels: 6

April 9

AFN Vicenza: 6 vs. Secret Squirrels: 4

Doughnut Ninjas: 6 vs AFN Vicenza: 2

Youth attend baseball training, eyed by Major League scouts

By **JOYCE COSTELLO**
USAG Livorno Public Affairs

For 33 dedicated youth from RAF Lakenheath, England, Ramstein and Stuttgart, Germany, spring break was a chance to go south of the Alps to Camp Darby for a special week of baseball training at the Italian Baseball and Softball Federation in nearby Tirrenia.

It was also a chance for the military dependents to test their skills against the Italian and Germany Bavarian Junior National team while being looked at by scouts from Major League Baseball.

"Bill Holmberg, the Chicago Cubs international scout and a scout from the Minnesota Twins were on hand to check out talent during the games and that type of exposure is a once-in-a-life time opportunity for these kids," said U.S.A. team organizer and coach Gary Harrington. "Additionally, there were two coaches from the Cuban National team; Pedro won six world and Olympic championships and helped with batting and Kiki was the third base coach for the Cuban national team and he helped with fielding and catchers."

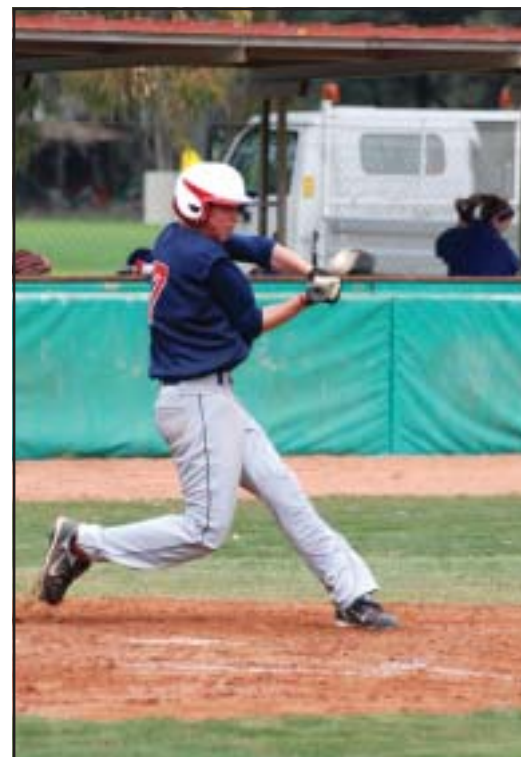
Matthew McDonald, a short stop and pitcher for Ramstein Royals was glad for the chance to get scouted, play and be competitive against 20-year-olds.

"At first I was nervous pitching against the Italian national team, but then it began to feel like a regular team," said McDonald. "I love playing baseball and have been playing on teams since I was 5. Last year

the guys talked about great it was to play here, I knew I had to come.

Justin Phelps, a pitcher for the Stuttgart Panthers said a friend's dad was at Camp Darby before and told him about this camp. He said scouts would be there and this would be a good chance to tune up for the season.

"Pitching against the Italian national team, I had two strike outs in two innings and we beat the Italian national team 9-5," said Phelps. "It was the best spring break ever."



Cavan Cohoes, a player from RAF Lakenheath, England, Lancers team, hits a line drive against the Italian Junior National baseball team during a game held over spring break. (Photo by Joyce Costello USAG Livorno Public Affairs)